



Training for personal and organisational success.

Assertiveness Course

A 1 day course in assertiveness, aimed at supervisors and managers.

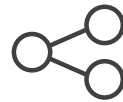
Details:

Thursday 19th January, 9am to 5pm.

✓ Venue: Hirzel House (Smith Street).

Cost: £225 pp.

Course Tutor: Peter Le Cheminant



"The assertiveness course was excellent, helping me to see how I can get my points across in a way that others can hear properly and act on.

I highly recommend it."
mid-level manager, 2016

Learning how to communicate requirements and ideas assertively, especially in situations that feel difficult, will significantly increase success. This course comprises a mix of structured models, breakout-exercises, individual reflection and clear take-aways to help participants:

- Understand the difference between being aggressive, non-assertive and assertive;
- Develop techniques to communicate key ideas clearly for greater impact;
- Learn approaches to challenge, correct and develop team members effectively.

Space is limited; book in today via our website or use the attached form.

Assertiveness Course: Thursday 19th January 2017

To book your place:

Complete this booking form and return with a cheque (payable to LifeThrive Limited) or confirmation of payment by post or email. Alternatively, contact Annette Search, annette.search@tlc.gg

Delegate name:

Delegate Email:

Company/Organisation:

Booker Name & Title:

I enclose a cheque (or have transferred by BACS) £225 per delegate to Lifethrive Limited.

I understand that if the place is cancelled within 3 weeks of the course commencement that only 50% of the course fee will be refunded and if cancellation takes place less than 8 days before the first date no refund will be made.

Your signature_____

Our Bank Details:

RBSI, St Peter Port

Sort Code: 16-20-29

Account No: 56490903

Account: Lifethrive Limited

Reference: Assert

